

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ZVL

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Herdt An HEADCOACH

Coaches: De Weerdt Koen

Coaches: De Herdt Els

Coaches: Van Campenhout Sigrid

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BACKSTROKE WOMEN 15+		Heat:2, starttime: 09:17
Heat: 2/16 Lane : 8 Athlete: VAN REETH LIEZE		Q-time: 00:35:19
PB (50m pool): 00:35.19 Antwerpen 19/04/2026		PB (25m pool): 00:35.29 SB: 00:35.19 Antwerpen 19/04/2026
	5 0 M	
PB	00:35.19	
	00:35.19	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+		Heat:5, starttime: 09:22
Heat: 5/16 Lane : 2 Athlete: SCHELLEMANS CHARLOTTE		Q-time: 00:34:41
PB (50m pool): 00:34.41 Antwerpen 20/04/2025		PB (25m pool): 00:33.40 SB: 00:35.10 Wezenberg 03/01/2026
	5 0 M	
PB	00:34.41	
	00:34.41	
		

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+		Heat:3, starttime: 11:31
Heat: 3/12 Lane : 5 Athlete: JACOB QINGKUN		Q-time: 01:14:02
PB (50m pool): 01:14.02 Antwerpen 15/03/2026		PB (25m pool): 01:10.91 SB: 01:14.02 Antwerpen 15/03/2026
	5 0 M	1 0 0 M
PB	00:33.99	01:14.02
	00:33.99	00:40.03
		

Coach feedback:

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Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:5, starttime: 11:34
Heat: 5/12 Lane : 5 Athlete: MERTENS GERBEN			Q-time: 01:12:55
PB (50m pool): 01:12.55 Mol 28/06/2026			PB (25m pool): 01:12.22 SB: 01:12.55 Mol 28/06/2026
	5 0 M	1 0 0 M	
PB	00:35.23	01:12.55	
	00:35.23	00:37.32	
			

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+			Heat:9, starttime: 11:41
Heat: 9/12 Lane : 3 Athlete: WIJSGEER VIKTOR			Q-time: 01:09:40
PB (50m pool): 01:09.39 Antwerpen 17/05/2026			PB (25m pool): 01:08.73 SB: 01:09.39 Antwerpen 17/05/2026
	5 0 M	1 0 0 M	
PB	00:32.87	01:09.39	
	00:32.87	00:36.52	
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:3, starttime: 11:50
Heat: 3/13 Lane : 6 Athlete: JACOBS LOTTE			Q-time: 00:28:98
PB (50m pool): 00:28.98 Antwerpen 19/04/2026			PB (25m pool): 00:28.27 SB: 00:28.98 Antwerpen 19/04/2026
	5 0 M		
PB	00:28.98		
	00:28.98		
			

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+			Heat:4, starttime: 11:51
Heat: 4/13 Lane : 6 Athlete: SCHELLEMANS CHARLOTTE			Q-time: 00:28:76
PB (50m pool): 00:28.76 Antwerpen 13/07/2025			PB (25m pool): 00:28.69 SB: 00:29.51 Wezenberg 01/02/2026
	5 0 M		
PB	00:28.76		
	00:28.76		
			

Coach feedback:

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Event number: 10: 50M FREESTYLE MEN 15+		Heat:6, starttime: 12:06
Heat: 6/15 Lane : 4 Athlete: DOOMEN MARNIX		Q-time: 00:25:64
PB (50m pool): 00:25.64 Olympic Pool Wezenberg, Antwer 29/07/2025 PB (25m pool): 00:25.57 SB: 00:25.64 Olympic Pool Wezenberg, Antwer 29/07/2025		
	5 0 M	
PB	00:25.64	
	00:25.64	
		

Coach feedback:

Event number: 11: 4x100M MEDLEY MIXED 15+		Heat:2, starttime: 12:21						
Heat: 2/5 Lane : 5 Athlete: TEAM ZVL 2		Q-time: 04:40:01						
PB (50m pool):		PB (25m pool):	SB:					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: